



Help individuals with Down syndrome achieve their potential!

The Up Side of Downs provides support, education and advocacy for people with Down syndrome, their families and communities throughout Northeast Ohio. USOD supports over 900 families, along with hundreds of educators and medical professionals. Our programs include:

- New & Expectant Parent Support
- Grandparent Support
- Annual Buddy Walk Fundraiser
- Online Parent to Parent Network
- Family Grants Program
- Mind Body Soul Adult Programs
- Comprehensive Website
- The Learning Program
- Disability Awareness Programs
- Conferences for Educators
- Conferences for Medical Professionals
- Family Social Events
- Baby, Youth & Adult Social Programs
- Medical Outreach Program

Help celebrate & support people of all abilities! Go casual for a good cause by participating in a *DRESS DOWN* for DOWN SYNDROME Day.

Event Date: _____

Suggested Contribution: _____

Fundraising Goal: _____

For More Information Contact: _____

Individuals with Down syndrome have unlimited potential when given proper support! Please call 216.447.USOD (8763), email info@usod.org or visit www.usod.org.